



## List of Allergens



CENTROS DE  
ARTE, CULTURA  
Y TURISMO  
DE LANZAROTE

## ENGLISH

The establishment cannot guarantee the absence of traces of allergens contained within these dishes. If you are allergic or intolerant to any of the ingredients listed in the table below, please ensure that you contact one of our staff for more information.

## DISH NAME

List of allergens according to regulation (EU) 1169/2011

|                                                         |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|---------------------------------------------------------|-----------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|
| Ham and cheese baguette                                 | <input checked="" type="checkbox"/>                                               | <input checked="" type="checkbox"/>                                               | <input checked="" type="checkbox"/>                                               | <input type="checkbox"/>                                                          | <input type="checkbox"/>                                                          | <input type="checkbox"/>                                                          | <input checked="" type="checkbox"/>                                               | <input checked="" type="checkbox"/>                                                | <input checked="" type="checkbox"/>                                                 | <input type="checkbox"/>                                                            | <input type="checkbox"/>                                                            | <input checked="" type="checkbox"/>                                                 | <input type="checkbox"/>                                                            | <input type="checkbox"/>                                                            |
| Soft cheese from Lanzarote, tomato and oregano baguette | <input checked="" type="checkbox"/>                                               | <input checked="" type="checkbox"/>                                               | <input type="checkbox"/>                                                          | <input type="checkbox"/>                                                          | <input type="checkbox"/>                                                          | <input type="checkbox"/>                                                          | <input type="checkbox"/>                                                          | <input checked="" type="checkbox"/>                                                | <input checked="" type="checkbox"/>                                                 | <input type="checkbox"/>                                                            | <input type="checkbox"/>                                                            | <input checked="" type="checkbox"/>                                                 | <input type="checkbox"/>                                                            | <input type="checkbox"/>                                                            |
| Serrano ham baguette served with tomato and olive oil   | <input checked="" type="checkbox"/>                                               | <input checked="" type="checkbox"/>                                               | <input type="checkbox"/>                                                          | <input type="checkbox"/>                                                          | <input type="checkbox"/>                                                          | <input type="checkbox"/>                                                          | <input type="checkbox"/>                                                          | <input checked="" type="checkbox"/>                                                | <input checked="" type="checkbox"/>                                                 | <input type="checkbox"/>                                                            | <input type="checkbox"/>                                                            | <input checked="" type="checkbox"/>                                                 | <input type="checkbox"/>                                                            | <input type="checkbox"/>                                                            |
| Spanish omelette baguette                               | <input checked="" type="checkbox"/>                                               | <input checked="" type="checkbox"/>                                               | <input checked="" type="checkbox"/>                                               | <input type="checkbox"/>                                                          | <input type="checkbox"/>                                                          | <input type="checkbox"/>                                                          | <input type="checkbox"/>                                                          | <input checked="" type="checkbox"/>                                                | <input checked="" type="checkbox"/>                                                 | <input type="checkbox"/>                                                            | <input type="checkbox"/>                                                            | <input checked="" type="checkbox"/>                                                 | <input type="checkbox"/>                                                            | <input type="checkbox"/>                                                            |
| Croissant with butter                                   | <input checked="" type="checkbox"/>                                               | <input checked="" type="checkbox"/>                                               | <input checked="" type="checkbox"/>                                               | <input type="checkbox"/>                                                          | <input type="checkbox"/>                                                          | <input type="checkbox"/>                                                          | <input type="checkbox"/>                                                          | <input checked="" type="checkbox"/>                                                | <input checked="" type="checkbox"/>                                                 | <input type="checkbox"/>                                                            | <input type="checkbox"/>                                                            | <input type="checkbox"/>                                                            | <input type="checkbox"/>                                                            | <input type="checkbox"/>                                                            |
| Ham and cheese croissant                                | <input checked="" type="checkbox"/>                                               | <input checked="" type="checkbox"/>                                               | <input checked="" type="checkbox"/>                                               | <input type="checkbox"/>                                                          | <input type="checkbox"/>                                                          | <input type="checkbox"/>                                                          | <input checked="" type="checkbox"/>                                               | <input checked="" type="checkbox"/>                                                | <input checked="" type="checkbox"/>                                                 | <input type="checkbox"/>                                                            | <input type="checkbox"/>                                                            | <input type="checkbox"/>                                                            | <input type="checkbox"/>                                                            | <input type="checkbox"/>                                                            |
| Doughnuts                                               | <input checked="" type="checkbox"/>                                               | <input checked="" type="checkbox"/>                                               | <input checked="" type="checkbox"/>                                               | <input type="checkbox"/>                                                          | <input type="checkbox"/>                                                          | <input type="checkbox"/>                                                          | <input type="checkbox"/>                                                          | <input checked="" type="checkbox"/>                                                | <input checked="" type="checkbox"/>                                                 | <input type="checkbox"/>                                                            | <input type="checkbox"/>                                                            | <input type="checkbox"/>                                                            | <input type="checkbox"/>                                                            | <input type="checkbox"/>                                                            |
| Assorted muffins                                        | <input checked="" type="checkbox"/>                                               | <input checked="" type="checkbox"/>                                               | <input checked="" type="checkbox"/>                                               | <input type="checkbox"/>                                                          | <input type="checkbox"/>                                                          | <input type="checkbox"/>                                                          | <input type="checkbox"/>                                                          | <input checked="" type="checkbox"/>                                                | <input checked="" type="checkbox"/>                                                 | <input type="checkbox"/>                                                            | <input type="checkbox"/>                                                            | <input checked="" type="checkbox"/>                                                 | <input checked="" type="checkbox"/>                                                 | <input type="checkbox"/>                                                            |
| Apple cake                                              | <input checked="" type="checkbox"/>                                               | <input checked="" type="checkbox"/>                                               | <input checked="" type="checkbox"/>                                               | <input type="checkbox"/>                                                          | <input type="checkbox"/>                                                          | <input type="checkbox"/>                                                          | <input type="checkbox"/>                                                          | <input checked="" type="checkbox"/>                                                | <input checked="" type="checkbox"/>                                                 | <input checked="" type="checkbox"/>                                                 | <input type="checkbox"/>                                                            | <input type="checkbox"/>                                                            | <input type="checkbox"/>                                                            | <input type="checkbox"/>                                                            |
| Chocolate cake                                          | <input checked="" type="checkbox"/>                                               | <input checked="" type="checkbox"/>                                               | <input checked="" type="checkbox"/>                                               | <input type="checkbox"/>                                                          | <input type="checkbox"/>                                                          | <input type="checkbox"/>                                                          | <input type="checkbox"/>                                                          | <input checked="" type="checkbox"/>                                                | <input checked="" type="checkbox"/>                                                 | <input checked="" type="checkbox"/>                                                 | <input type="checkbox"/>                                                            | <input type="checkbox"/>                                                            | <input type="checkbox"/>                                                            | <input type="checkbox"/>                                                            |
| Panini bacon and cheese                                 | <input checked="" type="checkbox"/>                                               | <input checked="" type="checkbox"/>                                               | <input checked="" type="checkbox"/>                                               | <input type="checkbox"/>                                                          | <input type="checkbox"/>                                                          | <input checked="" type="checkbox"/>                                               | <input checked="" type="checkbox"/>                                               | <input checked="" type="checkbox"/>                                                | <input checked="" type="checkbox"/>                                                 | <input type="checkbox"/>                                                            | <input type="checkbox"/>                                                            | <input checked="" type="checkbox"/>                                                 | <input type="checkbox"/>                                                            | <input type="checkbox"/>                                                            |
| Panini tuna and cheese                                  | <input checked="" type="checkbox"/>                                               | <input checked="" type="checkbox"/>                                               | <input checked="" type="checkbox"/>                                               | <input type="checkbox"/>                                                          | <input type="checkbox"/>                                                          | <input checked="" type="checkbox"/>                                               | <input checked="" type="checkbox"/>                                               | <input checked="" type="checkbox"/>                                                | <input checked="" type="checkbox"/>                                                 | <input checked="" type="checkbox"/>                                                 | <input type="checkbox"/>                                                            | <input checked="" type="checkbox"/>                                                 | <input type="checkbox"/>                                                            | <input type="checkbox"/>                                                            |
| Panini york ham and cheese                              | <input checked="" type="checkbox"/>                                               | <input checked="" type="checkbox"/>                                               | <input checked="" type="checkbox"/>                                               | <input type="checkbox"/>                                                          | <input type="checkbox"/>                                                          | <input checked="" type="checkbox"/>                                               | <input checked="" type="checkbox"/>                                               | <input checked="" type="checkbox"/>                                                | <input checked="" type="checkbox"/>                                                 | <input checked="" type="checkbox"/>                                                 | <input type="checkbox"/>                                                            | <input checked="" type="checkbox"/>                                                 | <input type="checkbox"/>                                                            | <input type="checkbox"/>                                                            |
| <b>Smoothies</b>                                        |                                                                                   |                                                                                   |                                                                                   |                                                                                   |                                                                                   |                                                                                   |                                                                                   |                                                                                    |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| Jameos del Agua                                         | <input type="checkbox"/>                                                          | <input type="checkbox"/>                                                          | <input type="checkbox"/>                                                          | <input type="checkbox"/>                                                          | <input type="checkbox"/>                                                          | <input type="checkbox"/>                                                          | <input type="checkbox"/>                                                          | <input type="checkbox"/>                                                           | <input type="checkbox"/>                                                            | <input type="checkbox"/>                                                            | <input type="checkbox"/>                                                            | <input type="checkbox"/>                                                            | <input type="checkbox"/>                                                            | <input type="checkbox"/>                                                            |
| Montañas del Fuego                                      | <input type="checkbox"/>                                                          | <input type="checkbox"/>                                                          | <input type="checkbox"/>                                                          | <input type="checkbox"/>                                                          | <input type="checkbox"/>                                                          | <input type="checkbox"/>                                                          | <input type="checkbox"/>                                                          | <input type="checkbox"/>                                                           | <input type="checkbox"/>                                                            | <input type="checkbox"/>                                                            | <input type="checkbox"/>                                                            | <input type="checkbox"/>                                                            | <input type="checkbox"/>                                                            | <input type="checkbox"/>                                                            |
| Castillo San José                                       | <input type="checkbox"/>                                                          | <input type="checkbox"/>                                                          | <input type="checkbox"/>                                                          | <input type="checkbox"/>                                                          | <input type="checkbox"/>                                                          | <input type="checkbox"/>                                                          | <input type="checkbox"/>                                                          | <input type="checkbox"/>                                                           | <input type="checkbox"/>                                                            | <input type="checkbox"/>                                                            | <input type="checkbox"/>                                                            | <input type="checkbox"/>                                                            | <input type="checkbox"/>                                                            | <input type="checkbox"/>                                                            |
| Mirador del Río                                         | <input type="checkbox"/>                                                          | <input type="checkbox"/>                                                          | <input type="checkbox"/>                                                          | <input type="checkbox"/>                                                          | <input type="checkbox"/>                                                          | <input type="checkbox"/>                                                          | <input type="checkbox"/>                                                          | <input type="checkbox"/>                                                           | <input type="checkbox"/>                                                            | <input type="checkbox"/>                                                            | <input type="checkbox"/>                                                            | <input type="checkbox"/>                                                            | <input type="checkbox"/>                                                            | <input type="checkbox"/>                                                            |
| Monumento al Campesino                                  | <input type="checkbox"/>                                                          | <input type="checkbox"/>                                                          | <input type="checkbox"/>                                                          | <input type="checkbox"/>                                                          | <input type="checkbox"/>                                                          | <input type="checkbox"/>                                                          | <input type="checkbox"/>                                                          | <input type="checkbox"/>                                                           | <input type="checkbox"/>                                                            | <input type="checkbox"/>                                                            | <input type="checkbox"/>                                                            | <input type="checkbox"/>                                                            | <input type="checkbox"/>                                                            | <input type="checkbox"/>                                                            |
| Jardín de Cactus                                        | <input type="checkbox"/>                                                          | <input type="checkbox"/>                                                          | <input type="checkbox"/>                                                          | <input type="checkbox"/>                                                          | <input type="checkbox"/>                                                          | <input type="checkbox"/>                                                          | <input type="checkbox"/>                                                          | <input type="checkbox"/>                                                           | <input type="checkbox"/>                                                            | <input type="checkbox"/>                                                            | <input type="checkbox"/>                                                            | <input type="checkbox"/>                                                            | <input type="checkbox"/>                                                            | <input type="checkbox"/>                                                            |

☒ Contains allergens  
☒ May contain traces



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